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“[The Dash] is a reminder to live our lives with all we’ve got, appreciate the blessings we’ve been given, and do everything possible to make our time on earth meaningful”—*Senator Bob Dole*

LIVE YOUR DASH: Make Every Moment Matter

By Linda Ellis, author of the world-famous poem “The Dash”

In 1996, an announcer read Linda Ellis' poem “The Dash” aloud on a syndicated radio program and—to her surprise—it became an instant, meteoric success. Calls came in from people around the country eager to share how the poem had touched their hearts. The dash is the little dash between the dates of birth and death. It is how we spend our lives. In **LIVE YOUR DASH (Sterling Ethos / November 2011)** Linda expands upon her philosophy about making every moment matter.

This book features the original poem, a brand-new version of the concept created later, and uplifting essays and poems. There are also inspiring personal stories from people who have been “touched by the dash” from a police chief and a business owner to U.S. presidential nominee Bob Dole, and Seventh Season American Idol Winner David Cook, who has a tattoo of Linda’s poem on his forearm.

Filled with encouragement, inspiration, and valuable advice, **LIVE YOUR DASH** will show readers how to make meaningful changes and make the most of their dash.

ABOUT THE AUTHOR

Leaving the corporate world behind to pursue her passion, **Linda Ellis** currently devotes herself to writing and motivating others. Her work has been featured in best-selling books and magazines such as *Family Circle*, *US News and World Report*, *WOW Professional Performance Magazine*, *The New York Optimist*, *Leatherneck Magazine* (Magazine of the Marines), and various other major publications. Her work has also been featured on FOX TV (FOX 4), ABC News (News 10), CBS News (KLASTV), NBC (WXIA), and on hundreds of radio programs.

For more information visit www.LindaEllis.net, www.facebook.com/LindaEllisAuthor, www.twitter.com/LiveYourDash. Search #LiveYourDash on Twitter to join the conversation.

LIVE YOUR DASH: MAKE EVERY MOMENT MATTER

By Linda Ellis

Sterling Ethos

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